

P. Terry's Burger Stand Nutritional Facts

PRODUCT	INGREDIENTS	SERVING SIZE (G)	CALORIES	CALORIES FROM FAT	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT	CHOLESTEROL (MG)	SODIUM (MG)	CARBS (G)	DIETARY FIBER (G)	SUGARS (G)	PROTEIN (G)	ALLERGENS
HAMBURGER	bun, 100% all natural black angus beef patty, salt, pepper, garlic powder, lettuce, tomato, special sauce	156	394	176	19.5	6	0	75	360	27	1.5	5	22	Gluten (Bun), Egg (Special Sauce)
HAMBURGER LETTUCE WRAP	100% all natural black angus beef patty, salt, pepper, garlic powder, lettuce, tomato, special sauce	170	255	148	16.5	5	0	70	270	9	1.5	3	19	Egg (Special Sauce)
CHEESEBURGER	bun, 100% all natural black angus beef patty, salt, pepper, garlic powder, american cheese, lettuce, tomato, special sauce	174	464	226	25.5	11	0.5	93	689	28	1.5	5	26	Gluten (Bun), Dairy, Soy (Cheese), Egg (Special Sauce)
CHEESEBURGER LETTUCE WRAP	100% all natural black angus beef patty, salt, pepper, garlic powder, american cheese, lettuce, tomato, special sauce	185	370	205	22	10	0.5	87	578	10	1.5	3	23	Soy, Dairy (Cheese), Egg (Special Sauce)
DOUBLE CHEESEBURGER	bun, 2 100% all natural black angus beef patties, 2 slices american cheese, lettuce, tomato, special sauce	256	743	398	45	19	1	181	1080	29	1.5	5	51	Gluten (Bun), Dairy, Soy (Cheese), Egg (Special Sauce)
DOUBLE CHEESEBURGER LETTUCE WRAP	2 100% all natural black angus beef patties, salt, pepper, garlic powder, 2 slices american cheese, lettuce, tomato, special sauce	275	588	370	41	18	1	176	972	11	1.5	3	48	Soy, Dairy (Cheese), Egg (Special Sauce)
GRILLED CHICKEN BURGER	bun, 100% all natural ground chicken breast, salt, pepper, garlic powder, swiss cheese, lettuce, tomato, mayonnaise	178	406	126	15	3	0	77	581	27	2	5	31	Gluten (Bun), Dairy, Soy (Cheese), Egg (Mayonnaise)
GRILLED CHICKEN BURGER LETTUCE WRAP	100% all natural ground chicken breast, salt, pepper, garlic powder, swiss cheese, lettuce, tomato, mayonnaise	121	236	108	12	1.5	0	77	421	1	2	>1	27	Dairy, Soy (Cheese), Egg (Mayonnaise)
CRISPY CHICKEN BURGER	bun, 100% all natural ground chicken breast (panko, buttermilk, corn starch, salt, garlic powder, black pepper) swiss cheese, lettuce, tomato, pickles, mayonnaise	224	606	210	29	3.2	0	78	852	44	2.3	7	34	Gluten (Bun), Dairy, Soy (Cheese), Egg (Mayonnaise), Dairy (Buttermilk), Gluten (Panko Breading)
CRISPY CHICKEN BURGER LETTUCE WRAP	100% all natural ground chicken breast (panko, buttermilk, corn starch, salt, garlic powder, black pepper) swiss cheese, lettuce, tomato, pickles, mayonnaise	167	436	190	26	1.7	0	78	692	13	2.3	2	30	Dairy, Soy (Cheese), Egg (Mayonnaise), Dairy (Buttermilk), Gluten (Panko Breading)
SPICY CRISPY CHICKEN BURGER	bun, 100% all natural ground chicken breast (panko, buttermilk, corn starch, salt, garlic powder, black pepper), pepperjack cheese, lettuce, tomato, pickle, spicy mayo (mayonnaise, hot sauce, pickled jalapeno, onion powder, cayenne, paprika), hot sauce	246	621	210	29	3.2	0	80	1092	44	2.3	7	34	Gluten (Bun), Dairy, Soy (Cheese), Egg (Spicy Mayo), Dairy (Buttermilk), Gluten (Panko Breading)
SPICY CRISPY CHICKEN BURGER LETTUCE WRAP	100% all natural ground chicken breast (panko, buttermilk, corn starch, salt, garlic powder, black pepper), pepperjack cheese, lettuce, tomato, pickle, spicy mayo (mayonnaise, hot sauce, pickled jalapeno, onion powder, cayenne, paprika), hot sauce	189	451	190	26	1.7	0	80	932	13	2.3	2	30	Dairy, Soy (Cheese), Egg (Spicy Mayo), Dairy (Buttermilk), Gluten (Panko Breading)

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CRISPY CHICKEN BITES (8PC)	100% all natural ground chicken breast (panko, buttermilk, corn starch, salt, garlic powder, black pepper)	136	300	117	13	3	0	77	600	13	0	0	42	Dairy (Buttermilk), Gluten (Panko Breading)
VEGGIE BURGER	bun, house veggie burger (crimini mushrooms, heavy cream, black beans, brown rice, cheddar cheese, onion, mozzarella cheese, eggs, whole wheat flour, oats, parsley, corn starch, salt, garlic powder) american cheese, lettuce, tomato, special sauce	223	403	171	19	5	0	30	580	46	8	11	12	Gluten (Bun), Gluten, Dairy, Eggs (Veggie Patty), Dairy, Soy (Cheese), Egg, Soy (Special Sauce)
VEGGIE BURGER LETTUCE WRAP	house veggie burger (crimini mushrooms, heavy cream, black beans, brown rice, cheddar cheese, onion, mozzarella cheese, eggs, whole wheat flour, oats, parsley, corn starch, salt, garlic powder) american cheese, lettuce, tomato, special sauce	166	233	144	16	3.5	0	30	420	15	8	6	8	Gluten, Dairy, Eggs (Veggie Patty), Dairy, Soy (Cheese), Egg, Soy (Special Sauce)
EGG BURGER w/ CHEESE	bun, egg, american cheese, canola oil, salt, pepper, garlic powder	148	280	113	12.5	5	0	230	585	28	1	4	13	Gluten (Bun), Egg (Egg), Dairy, Soy (Cheese)
EGG BURGER W/ CHEESE AND BACON	bun, egg, bacon, american cheese, canola oil, salt, pepper, garlic powder	165	385	194	21.5	8	0	245	915	28	1	4	17.5	Gluten (Bun), Egg (Egg), Dairy, Soy (Cheese)
EGG BURGER W/ CHEESE AND SAUSAGE	bun, egg, sausage, american cheese, canola oil, salt, pepper, garlic powder	190	450	257	28.5	11	0	265	865	28	1	4	20	Gluten (Bun), Egg (Egg), Dairy, Soy (Cheese)
SPICY EGG BURGER W/CHEESE	bun, egg, pepperjack cheese, salsa, canola oil, salt, pepper, garlic powder	152	281	113	12.5	5	0	230	705	28	1	4	13	Gluten (Bun), Egg (Egg), Dairy, Soy (Pepperjack Cheese)
FRENCH FRIES	all-natural Burbank Idaho potatoes, salt, prepared in 100% canola oil	120	386	162	18	2	0	0	250	50	2	0	5	Potatoes, Canola Oil, Salt
BREAKFAST POTATOES	All-Natural Burbank Idaho potatoes, salt, prepared in 100% canola oil	120	386	162	18	2	0	0	250	50	2	0	6	Potatoes, Canola Oil, Salt
OATMEAL CHOCOLATE CHIP COOKIE	butter, flour, brown sugar, white sugar, egg, oatmeal, chocolate chips, baking soda, Mexican Vanilla, salt	80	241	117	13	6	0	39	165	27	2	15	4	Gluten, Dairy, Egg
BANANA BREAD	banana, wheat flour, butter, egg, sugar, buttermilk, egg, baking soda, Mexican vanilla, salt	110	192	27	1.65	0.25	0	21	460	45	4.5	26	4.5	Gluten, Dairy, Egg
VANILLA SHAKE SM	shake mix, vanilla syrup	16oz	555	126	14	9	0	57	340	91	0	89	16	Milk, Corn
VANILLA SHAKE LG	shake mix, vanilla syrup	22oz	746	171	19	12	0	76	452	125	0	122	21	Milk, Corn
STRAWBERRY SHAKE SM	shake mix, strawberry syrup	16 oz	555	126	14	9	0	57	340	91	0	89	16	Milk, Corn
STRAWBERRY SHAKE LG	shake mix, strawberry syrup	22 oz	746	171	19	12	0	76	452	125	0	122	21	Milk, Corn
CHOCOLATE SHAKE SM	shake mix, chocolate syrup	16 oz	722	126	14	9	0	57	359	136	>1	126	16	Milk, Corn
CHOCOLATE SHAKE LG	shake mix, chocolate syrup	22 oz	991	171	19	12	0	76	481	190	>1	175	21	Milk, Corn
OREO SHAKE SM	shake mix, Oreo pieces	16 oz	577	144	16	9	0	57	364	93	0	89	16	Wheat, Soy, Milk, Corn
OREO SHAKE LG	shake mix, Oreo pieces	22 oz	791	198	22	12	0	76	501	129	1	121	22	Wheat, Soy, Milk, Corn
ORANGE JUICE	orange juice	12 oz	151	0	0	0	0	0	0	36	0	29	1	
LEMONADE SM	water, lemon juice, sugar	22oz	143	0	0	0	0	0	>1	33	0	36	0	
LEMONADE LG	water, lemon juice, sugar	32oz	247	0	0	0	0	0	>1	57	0	62	0	